

## Review Article

# Facing Spring Frost Damage in Grapevine: Recent Developments and the Role of Delayed Winter Pruning – A Review.

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**Abstract:** In this review, we briefly discuss factors conducive to an increased spring frost risk in viticulture and provide updates on vine susceptibility to frost events and damage assessment. The core of the review, though, deals with a physiological oriented tool of prevention of the frost damage consisting in a delayed winter pruning (i.e. executed at or beyond the “wool” bud stage) aimed at postponing bud burst. The exploited principle is related to the inherent acrotony of the grapevine which would “sacrifice” the already developing apical shoots to an incurring frost, while basal nodes will be preserved as being still dormant. A survey conducted on 21 published papers confirms that, final pruning performed not later than 2-3 unfolded leaves borne on apical shoots would achieve a bud burst delay of about 15-20 days, while yield is

38 mildly affected. At times, such a delay can carry on until harvest, thus postponing fruit maturity  
39 into a cooler period of the year. Most recommended late winter pruning protocols envisage a  
40 two-step intervention. In spurred cordons, a mechanical pre-cut aimed at shortening canes at  
41 7-8 nodes while also performing wood shredding, can be made anytime during the dormant  
42 season. Thereafter a final hand spur shortening is made at the suitable developing stage of the  
43 apical shoots. In a cane-pruned vine, previous year fruiting cane(s) can be removed any time  
44 in winter while selecting at least two canes that must be kept vertical and longer than the  
45 required spacing-dictated length. Shortening of the two canes along with horizontal positioning  
46 should take place no later than the 2-3 unfolded leaves borne on the apical end of last seasons  
47 shoots.

48 **Key words:** acrotomy, bud burst, climate change, cold injury, ripening, yield

#### 49 **Introduction**

50 Earlier phenology and the compression of the growing cycle in grapevines because of  
51 global warming have been widely reported (Jones et al. 2005, Van Leeuwen et al. 2019, Santos  
52 et al. 2020, Venios et al. 2020). Additionally, predictions are for longer growing seasons  
53 (Santos et al. 2020, Webb et al. 2012). Taken together, these scenarios justify the increasing  
54 need for cultural techniques that, especially in warm/hot regions, can delay key phenological  
55 stages and fruit ripening into a cooler period. Another characteristic of climate change is that  
56 the frequency and severity of weather extremes are increasing (Aghakouchak et al. 2020).  
57 Weather is “extreme” when unusually violent in nature or abnormal in its frequency of  
58 occurrence or length. According to EAA (2021), weather and climate-related extreme events  
59 encompass meteorological events (storms), hydrological events (floods, mass movements) and  
60 climatological events (heatwaves, cold waves, droughts and forest or orchard fires). In Europe,  
61 the increase of extreme events causing relevant production loss has been estimated at about

62 60% over the past three decades. Ranking European countries for the number of crop failures  
63 related to extreme events (1980-2019) reports France at the top with 23,491 (50% of insured  
64 losses), Italy following with 20,735 (5% of insured losses), and Spain third with 14,679 (26%  
65 of insured losses) (COM 2021, EAA 2021). Within such context, a puzzling interaction exists  
66 between global warming and grapevine susceptibility to spring frost damage. It might be  
67 difficult to explain why, as also reported in Muffler et al. (2016) and Zohner et al. (2020), that  
68 despite a warming trend related to climate change and a steady decrease in the number of  
69 freezing days in Italy (ISPRA 2020), late spring frost is heavily impacting crop production  
70 causing significant economic losses (COM 2021, Cicogna and Tonello 2017). The warming  
71 trend has indeed been beneficial causing longer and warmer growing seasons, but has not  
72 reduced the risk of frost. In fact, frost events are not decreasing at an inverse rate with that of  
73 warming in several viticulture regions of the world (Shultze et al. 2016, De Rosa et al. 2021,  
74 Dinu et al. 2021). Bud burst is occurring earlier on average in several varieties and locations,  
75 but frost still occurs at approximately the same rate up until the frost-free date (Schultze et al.  
76 2016). Severity and extent of a late frost damage is dependent upon several factors (e.g.  
77 altitude, flat vs sloped sites, distance of the vine from the ground, presence of windbreaks or  
78 physical barriers, proximity to and size of bodies of water, type of floor management, etc.).  
79 However, the increase of frost risk is primarily due to earlier bud burst which widens the time  
80 frame within which the probability of incurring freezing temperatures is greater (Kartschall et  
81 al. 2015) and to the fact that the frost event might also match with more advanced phenology  
82 thus increasing the risk of severe damage. Typically, in warm/hot growing areas having an  
83 average growing season temperature (April to October in the NE) varying from 17 to 24 °C  
84 (Jones et al. 2005) any frost event occurring round mid-April would easily find vegetative  
85 growth at already 5-6 expanded leaves, a phenological stage when the vine is very susceptible

86 to frost damage. According to Webb et al. 2012, every degree (°C) of warming would cause a  
87 bud burst advancement of about 7-10 days, thus greatly increasing chances of frost injury.  
88 Dramatic frost events occurred 2017, 2020 and 2021 primarily in Italy, France, Germany, and  
89 Austria (COM 2021). Similar disruptive frost events happened in the eastern US: 2014 (polar  
90 vortex), 2007 (Easter freeze), 2010 (Mother's Day freeze), and 2012 (Killer frost); which  
91 accounted for an average of \$250 million per year (nearly half of total market value) in  
92 insurance payments for crop loss to grape and fruit growers ([www.rma.usda.gov](http://www.rma.usda.gov)).

93 These weather challenges have generated an interest toward innovative solutions for  
94 damage prevention or minimization (e.g. selective extraction of coldest air (Arias et al. 2010),  
95 usage of hydrophobic particle film and acrylic polymers (Fuller et al. 2003), electrical heating  
96 cables (Lamb 2009), vegetal oil application (Centinari et al. 2018, Herrera et al. 2018, Wang  
97 and Dami 2020). Such relatively recent approaches are often coupled with other methods of  
98 frost protection in vineyards involving wind machines, air heaters and sprinklers (Jones 2006,  
99 Davenport et al. 2008). Coverage of these methods is beyond the scope of this review and the  
100 focus will primarily be on the technique of heavily delaying winter pruning which delays bud  
101 burst and subsequent vine phenological stages until fruit ripening, thus generating a  
102 physiological approach to frost protection.

### 103 **Incidence of spring frost damage in a climate change scenario**

104 Incidence of spring frost damage in a climate change scenario is a complex relationship  
105 between a series of superimposing phenomena, including thermal length of the growing season  
106 (Trnka et al. 2011), number of frost-free days (FFD, defined as annual number of days with a  
107 minimum daily temperature above 0°C), and the advancement of the growing season triggered  
108 by the warming effect (Lavallo et al. 2009, Leolini et al. 2018). Several studies have reported  
109 a lengthening of the period between the occurrence of the last spring frost and the first autumn

110 frost (Schwartz et al. 2006, Schultze and Sabbatini 2019). This has occurred in recent decades  
111 in several areas in Europe and the US and more generally in the Northern Hemisphere.  
112 However, across all of Europe, the delay in the end of the season (8.2 days in the period 1992–  
113 2008) was more significant than the advanced start of the season (3.2 days over the same time  
114 period) (Jeong et al. 2011). A somewhat related effect is a general and clear increasing length  
115 of the frost-free period in Europe between 1985 and 2014 (Figure 1). The trend is not uniformly  
116 spread over Europe though, and the highest rates of change (an extension of the frost-free  
117 period by more than 0.8 days per year) were recorded in eastern and northern Europe (EASAC  
118 2013). An interesting regression analysis between time (1974-2008) and number of FFD  
119 reported in Lavallo et al. 2009 for four different regions/countries in Europe shows a different  
120 pattern depending upon regions. In Denmark and the highlands of the UK, a significant positive  
121 linear regression was observed with a FFD increase of about 65 and 90 days over a 35-year  
122 span, respectively, whereas in Extremadura (Spain) and Thessalia (Greece), a negative linear  
123 regression was found with a FFD reduction of about 50 and 24 days, respectively. Likely, in  
124 areas where a significant decrease in the length of the frost-free period occurred, like in  
125 southern Europe, plants are more at risk from frost damage due to delay in the last winter-  
126 spring frost (Lavallo et al. 2009). In the eastern US similar trends are also reported. Interannual  
127 variability of early season temperatures have led to large increases in frost occurrence from  
128 year to year (Schultze et al. 2016). Subfreezing temperatures occurred frequently in the months  
129 of March, April, and May. For example, the spring frosts of 2010 reduced juice grape  
130 production by 60% (Schultze et al. 2014). An abnormally warm early spring followed by a  
131 return to climate normal devastated the entire fruit crop in 2012. The spring was 3.7°C warmer  
132 than the previous thirty-year average throughout the area, featuring days as much as 20°C  
133 warmer than their climatological average (Schultze et al. 2016). Many grape growing regions

134 reported accelerated phenological development only to experience devastating frosts in early  
135 April across the country. According to the United States Department of Agriculture (USDA),  
136 crop losses that year were as high as 95% for tart cherries, and 75% and 40% percent for juice  
137 and wine grapes, respectively.

138 The pivotal factor coming into play is how global warming is impacting the advancement  
139 of the growing season in fruit trees and grapevines. Chmielewski et al. (2004) have reported a  
140 bloom advancement of 2.3 days/10 years in several fruit trees, 2.0 days/10 years in cherry and  
141 2.2 days/10 years in apple trees. In the grapevine, the advancement of phenology is likely one  
142 of the most consistent trends supported by historical data and projection analysis. Bud burst  
143 advancement over several decades in grape varieties grown in different environments can vary  
144 between 7 and 14 days. The advancement is driven by the increase of growing season mean  
145 temperature as +1°C advances bud burst by about 7-10 days, thus greatly increasing chances  
146 of frost injury (Fraga et al. 2012, Webb et al. 2012, Van Leeuwen et al. 2019, Santos et al.  
147 2020, Bernáth et al. 2021, Droulia and Charalampopoulos 2021).

148 The general expectation is that an advanced bud burst may expose vines more frequently  
149 to spring frost, mostly because the extreme event will occur at a more advanced stage of shoot  
150 growth development when the organ is most susceptible to freezing (Fuller and Telli 1999).  
151 However, several climatological analyses carried out in different European locations to  
152 estimate spring frost risk under a warming scenario reported controversial results. The  
153 comprehensive chapter published by Kovatz et al. (2014) on impacts, adaptation and  
154 vulnerability related to climate change in Europe, when addressing the item of projected  
155 changes in climate extremes, states a general *high confidence* concerning several phenomena:  
156 a) changes in temperature extremes (toward increased number of warm days, warm nights, and  
157 heat waves); increases in extreme precipitation in Northern Europe (all seasons) and

158 Continental Europe (all seasons except summer); and c) in extreme sea level events. Any other  
159 change is defined as *medium* or *low confidence* and some, like cold waves and spring frost risk  
160 projection, are not even listed. Uncertainty related to projections for spring frost risks in *Vitis*  
161 *vinifera* L. seems to be confirmed in several other more specific studies. Kartschall et al. (2015)  
162 calculated phenological changes and forecast frost risk for the cultivar Riesling grown in  
163 Germany using historical data (1901 to 2019) and a projected time span (2011 to 2100) under  
164 two climatic change scenarios (RCP8.5 and RCP2.6). An acceleration of all main phenology  
165 phases was found from the late 1980s, whereas projection for the period 2031-2060 modeled  
166 an acceleration of  $11 \pm 3$  days under the RCP8.5 scenario. Within the same scenario, frost risk  
167 is expected to slightly increase over the next decades. Assessment of late frost damage risk in  
168 the French regions of Alsace, Champagne, and Burgundy throughout the twenty-first century  
169 was made using three different phenological models predicting either statistical occurrence of  
170 the last frost day and the characteristic bud burst date (Sgubin et al. 2018). Outputs showed  
171 that probability of late frost is expected to significantly increase for two out of three models,  
172 whereas the third model gave somewhat opposite results. For southwest England the risk of  
173 late spring frosts increases under many future climate projections extending until 2099 due to  
174 advancement in the timing of bud burst (Mosedale et al. 2015). However, estimates of frost  
175 risk were highly sensitive to the choice of the phenological model. A case study referred to the  
176 Swiss Rhone Valley (Sion and Aigle locations) employing 12 phenological models projected  
177 over 2021-2050 concluded that frost risk might increase or decrease depending upon location  
178 and climate change projections (Meier et al. 2018). To add even more variability to the above  
179 picture, a study conducted in Luxembourg (Molitor et al. 2014) reported that the frequency of  
180 spring frost damage in the Luxembourgish winegrowing region will decrease, but not disappear  
181 in the near (2021–2050) or far future (2069–2098) projections. The most comprehensive

182 survey on changes in weather extremes for Italy has been carried out by ISPRA (2013) for the  
183 period 1961-2012. The study reported significant trends in the mean decrease of number of  
184 freezing days (-11 on average) especially from 1990. Despite this apparent decrease, several  
185 grapevine districts in Italy were hit in 2017, 2020, and 2021 by severe late spring frost events.  
186 The damage registered in Italy in 2017 and 2021 were quite variable. Moving north to south  
187 through the country, vineyards reported damages varying from 20-100%; and loss of the  
188 potential crop was estimated at about 20-25% in Lombardy, 20-30% in Emilia Romagna, 20-  
189 25% in Tuscany, and 25-35% in Puglia (Atzeni 2017). Indeed, heterogeneity in viticultural  
190 traits of Italy play a pivotal role in damage variability. These include a) wide range of cultivars  
191 showing a large variation in bud burst dates, b) different growing meso-climates which might  
192 enhance or limit susceptibility to late frost, and c) large diversity in training systems showing  
193 different susceptibility to damage mostly due to varying distance of the fruiting area from the  
194 ground. Summarizing the examples provided above, late spring frosts are a significant risk to  
195 grape production in frost-prone viticultural regions. The increase in air temperature due to  
196 climate change is likely to advance grape bud burst and exacerbate last frost events and  
197 consequent damage in the spring.

### 198 **An update about grapevine spring frost susceptibility and assessment**

199 *Physiological mechanisms and methods:* Physiology of the cold hardiness of the grapevine  
200 across several bud burst stages (Table 1) has been extensively reported in the literature and  
201 results are used to assess and interpret vineyard damages (Howell and Wolpert 1978, Johnson  
202 and Howell 1981, Wolpert and Howell 1986, Moncur et al. 1989, Fuller and Telli 1999).  
203 Working on Madeleine Angevine and Siegrebbe cultivars grown in the UK, Fuller and Telli  
204 (1999) showed that bud burst is accompanied by a linear increase in water content in the bud  
205 during the initial developmental stages up until *wool buds* (BBCH 05). Freezing tests,



206 enclosing vines in chambers with progressive cooling to a minimum temperature of -4.5 °C,  
207 recorded large changes in water content of the buds from dormant (BBCH 00, water content  
208 about 40%) and *green pointing buds* (BBCH 07, water content about 83%). Bud freezing was  
209 linearly correlated with bud water content and at the mean exotherm temperature of -3.5 °C  
210 scored a damage of 10-20% until the stage BBCH 03 defined as *end of bud swelling; buds*  
211 *swollen, but not green* (Lorenz et al. 1995) then the damage was scored at about 80% for the  
212 BBCH 05 stage. Conclusion from Fuller and Telli (1999) was that temperature at which buds  
213 froze was not influenced by the cultivar or the acclimation treatment. This is consistent with  
214 research reported on Pinot noir where the bud development stage did not influence ice  
215 nucleation temperature (Luisetti et al. 1991).

216 According to Hamed et al. (2000), endogenous freezing assessed using infrared  
217 thermography on two grapevine varieties reported that freezing initiated in the cane then  
218 travelled into the buds at a speed of 0.47 cm s<sup>-1</sup>. Ferguson et al. (2014) have provided extensive  
219 calibration of a model for dormant bud cold hardiness and bud break prediction in 23 *Vitis*  
220 genotypes. Most notably, budbreak occurred earlier in hardier genotypes, consistent with more  
221 rapid de-acclimation of genotypes originating from colder climates. As a paradox, conclusion  
222 was that these genotypes more vulnerable to spring frost in warmer environments.

223 As young developing leaves are known to be more susceptible to frost due to their higher  
224 water content (Fuller and Telli 1999) hypothesis was made that they can function as a better  
225 proxy for cultivar phenotyping against frost tolerance. Degree of frost resistance in young  
226 leaves of fifteen grape cultivars was assessed (Sun et al. 2019) showing that the super cooling  
227 point was not suitable for comparing frost resistance; instead, the most effective parameters  
228 for discrimination were T2 (freezing point) and t2 (time when temperature raises from T1,  
229 the super-cooling point, to T2). Based on such analysis, the most frost resistant varieties

230 were Muscat Hamburg and Frontenac; Summer Black had an intermediate resistance; and the  
231 remaining ones were categorized as  
232 low resistant.

233 Another challenge in determining the frost resistance of plant tissues is choosing the  
234 method of air temperature measurement that best represents the actual temperature of the plant  
235 organ. In a commentary, Grace (2006) pointed out that plant and organ temperature is a  
236 complex interaction of absorbed radiation, wind speed, wetness, and organ shape that provide  
237 shelter or stimulate significant turbulence. However, buds are *dry* structures and incapable of  
238 an effective transpiration cooling; thus at night, when the radiant energy balance is negative  
239 (long wave energy streaming from the bud to the sky), the buds are colder than the atmosphere  
240 and the magnitude of such a difference is a strong function of wind speed (Michaletz and  
241 Johnson 2006). The issue of representativeness of air temperature measures for true organ  
242 temperature has been addressed in budding leaves of the grapevine, apricot flowers, and unripe  
243 pear fruits (Litschmann and Středa 2019). For young grapevine leaves, the highest deviations  
244 were found between the surface temperature measured with an infrared thermometer sensor  
245 and a traditional sheltered thermometer (Stevenson screen type); the latter invariably showed  
246 higher nighttime temperatures by 0.4-0.8 °C on average, with a peak of 1.5°C. Conversely,  
247 both a wet bulb thermometer (unsheltered thermometer covered with a wet cloth) and a simple  
248 unsheltered thermometer were closer to the actual organ temperature with one important  
249 distinction. While the unsheltered thermometer provided the best relationship with the  
250 temperature of the plant tissue under any condition, the wet bulb readings were affected by the  
251 relative humidity (RH) of the air. When RH registered lower than 65-70%, temperature values  
252 at night were several degrees lower than bud surface temperature. Thus, when a wet bulb type

253 was used to activate a frost protection device (e.g. sprinkler irrigation), the warning could occur  
254 prematurely.

255 *Cultural factors.* Sun et al. (2018) investigated the role that soil temperature can play in  
256 regulating the response of grapevine leaves to frost. In a pot experiment where roots of Merlot  
257 seedlings were kept either in warm (~ 20°C) or cold (~ 0°C) soil and then subjected to frost  
258 treatment, severe damage to the young leaves occurred with cold soil, whereas a warm soil led  
259 to reduced frost injury. A non-targeted metabolomic analysis showed that, in the warm  
260 treatment, pathways related to citrate cycle as well as glycine, serine, and threonine were  
261 enhanced. This outcome seems to be paving the way to further applied research to understand  
262 if root distribution in soil volumes marked by different temperatures could significantly impact  
263 vine frost susceptibility. While soil/root temperature is indeed affected by a number of factors  
264 (e.g. lithological features, soil texture, water holding capacity, color, organic matter content) it  
265 is also known that root depth is quite responsive to under trellis floor management (Centinari  
266 et al. 2016, Klodd et al. 2016). Any practice which might favor a shallower root system due to  
267 an undisturbed soil surface (e.g. mulching, herbicides) might help mitigate consequences of a  
268 frost event (Guerra and Steenwerth 2011). Moreover, clean cultivated soil absorbs and then re-  
269 radiates more heat, providing frost risk mitigation.

270 However, any condition that will favor in spring soil warming hence root metabolism is also  
271 expected to lead to a more advanced bud burst increasing the risk of frost damage, in that  
272 potentially counteracting beneficial effects discussed above. Though, such hypothesis is still  
273 uncertain: work done on potted Shiraz grapevines exposed to two different soil temperatures  
274 (13 °C and 23 °C) showed no effects on the time of bud burst, anthesis and the number of  
275 flowers per inflorescence (Field et al. 2020).

276 *New digital technologies:* The recent efforts in precision viticulture (Matese and Di  
277 Gennaro 2015, Ozdemir et al. 2017, Giovos et al. 2021) have also provided interesting  
278 approaches to monitor and detect spring frost damage in vineyards by remote sensing. Some  
279 vegetation indices (VI) such as Red-Edge 7, NIR, EVI, MTVI1 and CARI calculated from  
280 medium resolution Sentinel-2 acquired data, proved to be effective in estimating lower light  
281 reflectance in pergola trained vineyards after severe frost damage when compared to  
282 undamaged vineyards (Cogato et al. 2020). Moreover, the same VI bands provided evidence  
283 of recovery to full canopy size about 40 days after the frost event. It is indeed encouraging that,  
284 likely due to the frequent revisit time of Sentinel-2 constellation, generating robust time-series  
285 for spatial and temporal analyses can be used to assess the impact of late frost in vineyards.  
286 Indeed, the pergola trellis type, forming an almost horizontal continuous green cover, likely  
287 facilitates performance of indices calculated from low or medium spatial resolutions. However,  
288 robustness of this method will require either association with yield or grape quality data as well  
289 as extension to vertically shoot positioned trellises showing a typical discontinuous green  
290 cover.

291 An even broader application is a practical remote sensing monitoring framework for late  
292 frost damage in wine grapes based on *in-situ* measurements and multi-source satellite data (Li  
293 et al. 2021). This framework provides estimates of the daily minimum air temperature ( $T_{\min}$ )  
294 with the spatial resolution of 100 m and was tested to map the severe late frost damages that  
295 occurred in April 2020 in northwest China. About 41% of the vineyards suffered severe frost  
296 damage, and the total affected area was about 16.381 ha. The results of late frost damage  
297 obtained by estimating the  $T_{\min}$  agreed with the statistics of the Agricultural Meteorological  
298 Disaster Department. Using high spatial resolution analyses of minimum night-time  
299 temperatures to explore the impact of current and future frost risk is another active research

300 field. Multivariate Adaptive Regression Splines (MARS) were used to model high resolution  
301 (30 m grid) minimum temperatures in the Yarra Valley wine region in southeastern Australia  
302 (Gobbett et al. 2020). Modelling the accuracy for prediction of minimum night temperature  
303 records was good ( $R^2 = 0.68$ ) whereas all the future climate scenarios project down-elevation  
304 movement of the frost line of between 10 m and 30 m depending on scenarios. A similar  
305 approach has been used by Webb et al. (2018), who in a study on viticulture suitability in  
306 Tasmania, wanted to identify land areas prone to damaging spring and late season frost. The  
307 main outcomes were that risk classifications for the  $-1^{\circ}\text{C}$  threshold were appropriate for this  
308 study and that classifications of suitable, moderately suitable, and unsuitable defined as to <1  
309 frost every 10 years (<10%), >1/10 to 1 frost every 2 years (10–50%), and >1 frost every  
310 2 years (>50%) for temperature values  $\leq -1^{\circ}\text{C}$  was found to correlate with viticulture  
311 suitability and in agreement with grower expectations.

312

### 313 **Technical protocols for application of delayed winter pruning**

314 Using late winter pruning, close to or after the time of normal bud burst, to postpone  
315 vegetative growth commencement is not either a brand new or revolutionary concept in  
316 viticulture. Quite old work from Pouget (1966) and subsequently from Wample (1994) had  
317 already clarified main traits of temperature driven dormancy breaking mechanisms in the  
318 grapevine bud (Pouget 1966) and that different mid-winter pruning dates, albeit spanning from  
319 November until March (Northern Hemisphere) were ineffective at altering bud burst response  
320 (Wample 1994). According to the literature search provided in the present review paper,  
321 pioneer studies hypothesizing that a purposely delayed winter pruning could have achieved a  
322 consistent bud burst delay to be used as a prevention tool in areas at high risk of spring frost  
323 were those by Friend and Trough (2007) and by Friend et al. (2011). Afterwards, several other

324 papers have followed to cover still unknown or poorly studied characteristics of the technique  
325 and among them: i) seasonal variation in canopy physiology and efficiency; ii) impact on yield  
326 components and return crop next year; iii) chances that the initial growing cycle postponement  
327 can carry until ripening and iv) consequence on grape composition and wine styles. Before  
328 addressing these topics, the two following sub-paragraphs will describe current best practice  
329 when a delayed winter pruning is going to be applied on either spur pruned or cane pruned  
330 vines.

### 331 Spur pruning

332 As shown in Figure 2A, once other conditions are similar (e.g. distance of the productive  
333 cane or cordon from the soil, bud load per meter of canopy length, etc.) susceptibility to spring  
334 frost damage of spur-pruned cordon vines is usually higher than that observed in a cane-pruned  
335 system (Figure 2B). The reason is related to the different pruning cuts, where the short spur  
336 with the typical *two-count node* will have a reduced level of acrotony compared to a long cane  
337 with 8-10 buds; and consequently, will have uniform sprouting which is more conducive to  
338 severe frost damage (Daskalakis and Biniari 2019, Ezzili and Bejaoui 2001, Intrieri and Poni  
339 2000, Lavee and May 1997). In a situation like the one in Figure 2A, any residual crop to be  
340 harvested in the current season is left to the degree of fruitfulness of any shoot from either  
341 latent, base, and secondary buds which is known to be much lower than the primary buds.

342 The working protocol applied in most of the studies performed to assess the effectiveness  
343 of highly delayed winter pruning strategies in spur-pruned cordons is shown in Figure 3. The  
344 operation can be performed in two steps or just in a single passage. The two-step procedure  
345 envisages a mechanical pre-pruning that might be executed anytime in the dormant season  
346 using an over-row rotating disk machine that, differently from a cutter bar machine, is able to  
347 easily avoid posts and rigid obstacles along the row while the cutting distance from the cordon

348 is regulated to leave not less than 7-8 nodes per cane (Figure 3A). Moreover, pruning machines  
349 employing rotating disks can perform an on-the-go cane chopping and shredding, greatly  
350 facilitating any subsequent hand operation. Thereafter, final shortening to the required spur  
351 length (Figure 3B) is quickly performed by hand when, on average, 2-3 unfolded leaves are  
352 formed on the apical buds of the canes. Depending upon vine vigor, lateral canes might be  
353 present on the apical portion of last season's shoots. While their vigor is expected not to be  
354 very high as the mechanical pre-pruning removes most of the apical nodes and, with them,  
355 vigorous laterals developed after shoot trimming the previous season, their presence exert some  
356 control on the development of the subtending nodes (Pellegrino et al. 2020). Therefore, they  
357 should be the main target to observe when visual scouting is performed after bud burst to assess  
358 if the 2-3 unfolded leaf stage has been reached.

359 Based on working time needed to manage a fully or partially mechanized VSP trellis  
360 (Intrieri and Poni 1995) combining winter mechanical pre-pruning with a late hand finishing  
361 will lead to an estimated number of working hours of about 50-60/ha (10-15 hours for the  
362 mechanical hedging and 40-45 for the subsequent follow up depending upon cane number per  
363 vine and degree of residual cane detachment) which seems to be even lower than the workload  
364 needed to manage one-step hand pruning in VSPs of comparable vigor (70-90 hours/ha).

### 365 Cane pruning

366 Due to factors related to the apical dominance exerted by apical buds on a horizontally  
367 positioned cane (Intrieri and Poni 2000), susceptibility to late frost damage of cane-pruned  
368 vines is usually milder than that recorded on spur-pruned cordon training systems. The  
369 staggered bud burst occurring along horizontal canes (Figure 2B) allows basal and median  
370 nodes to be at a delayed growth stage when the freezing event takes place, limiting damage.  
371 However, applying a delayed winter pruning on a long cane training system (e.g. Guyot,

372 Pendelbogen) is slightly more cumbersome and risky than acting on a spur-pruned training  
373 system with a permanent cordon. If the successful two-stage pruning previously described for  
374 a spur cordon needs to be replicated, then a cane-pruned system should receive a preliminary  
375 pruning adjustment in the winter (i.e. past year fruiting cane separated from the 1-2 canes  
376 selected for renewal) and the final pruning will then pertain to the selected cane(s). However,  
377 this approach was tested on cane-pruned Pinot noir grapevines and resulted in mild effects on  
378 vine phenology and overall vine performance (Gatti et al. 2018). Conversely, when all pruning  
379 operations were postponed at a stage of about 2-3 unfolded leaves on the distal portion of the  
380 unpruned canes, a delay in bud burst of 18 days (data pooled over three years) was obtained  
381 when compared to the standard winter pruning. However, the one-time pruning method is  
382 unlikely to be favored by growers for a number of reasons: i) postponing and performing in  
383 one step the quite complex cane pruning method will necessitate access to skilled hand labor  
384 within a narrow time window; ii) an intervention made on the whole canopy when bud burst  
385 has already initiated on the apical part of the canes will unavoidably slow down the operational  
386 times and potentially damage the swollen buds or initially developed shoots; and iii) a  
387 psychological barrier might exist against the idea of operating so late in a still untouched  
388 canopy. Therefore, a good compromise needs to be found between the one-step and two-step  
389 procedures giving preference to the latter. In lack of previous on-site experiences, a reasonable  
390 starting point is the one proposed in Figure 4 where, upon the first passage (A) a past-year cane  
391 is removed and at least two vertical long canes are retained. Final pruning (B, B') will consist  
392 of shortening the two canes to the length that will allow them to maintain mostly dormant  
393 nodes (B) and simultaneously fill the spacing on the wire (B'). Although specific research on  
394 the subject is still missing, chances to induce a significant bud burst delay on median and basal  
395 nodes to be retained, are maximized if: i) retained canes are as close to vertical as possible, as



396 this position enhances the effects of acrotony; and ii) retained canes are longer than the ones  
397 retained for production, dictated by the intra-row vine spacing. When such requirements are  
398 overlooked, probabilities to induce a bud burst delay decrease significantly. For example, when  
399 short shoot trimming is performed during the growing season, optimal cane length is often non  
400 available at the time of cane selection during winter pruning, and this might strongly interfere  
401 with technique effectiveness. Although figure 2B suggests that the horizontal cane positioning  
402 still obey to the principle of acrotony, indeed the inhibition towards the basal buds is weaker  
403 and late pruning efficacy undermined. Trought et al. (2011) investigated the effects of different  
404 cane-pruning dates on Sauvignon blanc with the last treatment being performed just prior to  
405 bud burst, therefore without any active vegetation under course. Nevertheless, the last pruning  
406 dates did postpone bud burst by about 5 days when compared to the winter pruning dates, a  
407 delay that was recovered by the time of bloom.

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## 409 **Effects of delayed winter pruning on seasonal phenology and vine performance**

### 410 Bud burst response

411 Published research, arranged according to country, cultivar, pruning type and timing, bud  
412 burst time, yield response and ripening delay as compared to standard winter pruning are  
413 summarized in Table 2. A literature review was performed to identify works published in peer-  
414 reviewed scientific journals and conference proceedings that focused on the topic of late winter  
415 pruning on the grapevine. Main criteria for data curation were the inclusion of research that  
416 within the definition of *late pruning* there was at least one treatment where pruning was applied  
417 not earlier than the swollen bud stage. Out of 21 published papers referring to an array of  
418 cultivars and wine regions, mostly focusing on spur pruning, late winter pruning was carried  
419 out anywhere between the two extremes of swollen buds and 7-8 unfolded leaves.

420 It is hypothesized that the delay in basal bud development associated with delayed pruning  
421 is related to correlative inhibition, as suppression of the growth of the basal nodes occurs when  
422 longer canes with additional buds are left at pruning time (Howell and Wolpert 1978). This  
423 phenomenon is the expression of shoots growing basipetally along a grapevine cane and  
424 becoming stronger with increasing cane length and position tending to become vertical  
425 (Bangerth 1989, Lavee and May 1997). These principles find a robust confirmation from the  
426 list of the reviewed works as, when compared to a control pruning performed at full vine  
427 dormancy, any *late* winter pruning has generated a bud burst delay varying from 5 to 56 days  
428 (Table 2). Such delays in vine growth greatly increase chances to avoid or limit frost damage:  
429 the wider the time window between control and late pruned treatments, the higher the  
430 probability that a frost event occurring within this period might hit the already developing  
431 apical shoots while the basal nodes are still dormant (Figure 5). It is noteworthy that the  
432 contribution by Petrie et al. (2017) is the only one to refer to a sprawling canopy, and while  
433 many of the canes remained in a horizontal position, few of the basal buds had burst when the  
434 delayed pruning occurred. Indeed, shifting from a warm to a cool climate, the impact of the  
435 delayed bud burst can be different and, for instance, it could also result in a significantly  
436 delayed ripening. This calls for more work to be carried out in such regions, especially to check  
437 if and how the recovery mechanisms which, in a warm climate, often allows progressive  
438 depletion of the initial delay (Gatti et al., 2016) come also into play.

439 The inherent difficulty of these studies is that data validation which might be provided by  
440 occurrence of a significant frost event within the trial duration is, for obvious reasons, truly  
441 unpredictable. However, such a situation occurred in the two-year trial on Lemberger (Persico  
442 et al. 2021) where, in 2019, a freezing event occurred on 29 April, when the phenological stage  
443 of the control averaged between E-L 3 and 4, *woolly buds* and *green leaf tips visible*,

444 respectively. In 2019, late-pruned vines (1 May) had 61% greater yield than control vines,  
445 reflecting differences in shoot freeze damage between the two treatments. Moreover, final  
446 grape quality was not affected. Another suitable example where effects of late winter pruning  
447 in the presence of a significant frost event is reported in Friend et al. (2011) when, in their  
448 Chardonnay trial in New Zealand, on 25-26 September 2000, a radiation frost occurred with  
449 minimum night temperature reaching  $-1.7^{\circ}\text{C}$ , causing damage to a portion of the developing  
450 buds which was then quantified at 33% killed primary shoots. Conversely, in the late pruning  
451 treatments, killing of the primary shoots was limited to no more than 3%. Then albeit on a  
452 more observational basis in a mature Sangiovese vineyard in Tuscany, Barmppa et al. (2021)  
453 verified effectiveness of late pruning over a severe frost event which occurred between 6-8  
454 April 2021 (Figure 6). Cane shortening to required spur length was performed on 22-23 April  
455 also including an intermediate treatment where, after the mechanical pre-pruning done  
456 previous December, cane trimming was quickly performed in January 2021 to retain only one  
457 cane per spur. With a frost damage of about 90% primary shoots killed leading to a final cluster  
458 number and yield of 7.6 and 1.51 kg per vine, the recommended two-step late pruning  
459 maintained at harvest 15.2 clusters and 3.10 kg/vine, whereas the three-step approach led to  
460 11.5 clusters and 2.34 kg/vine (Barmppa et al. 2021).

#### 461 Yield response

462 The yield response to the phenological stage at which winter pruning is performed seems  
463 quite straightforward: a low to moderate yield limitation is found when pruning time does not  
464 trespass the 2-3 unfolded leaves, whereas pruning performed at a much later stage can very  
465 severely impair yield reaching  $>50\%$  reduction as compared to standard pruning (Frioni et al.  
466 2016, Gatti et al. 2016, Petrie et al. 2017, Silvestroni et al. 2018, Allegro et al. 2019).  
467 Hypothesis of increasing yield limitation occurring with later interventions has been first

468 tackled in Gatti et al. (2016) where the latest treatment (>7-8 unfolded leaves) caused a 92%  
469 yield reduction related to a very low cluster number. The mechanism involved is hypothesized  
470 as a severe source limitation imposed with the very late pruning causing carbon starvation to  
471 the developing inflorescences which in large majority would deviate into a tendril  
472 differentiation (Yang and Hori 1979). The same paper also suggests that on a 1 m spur-pruned  
473 cordon with a 8-10 node bud load, to avoid a major yield limitation, removed leaf area per vine  
474 should not exceed 0.2-0.3 m<sup>2</sup>.

475 Reading through case studies reported in Table 2 suggests that although a cultivar-  
476 dependent yield reduction is an important factor to consider, a distinct outlier is the work by  
477 Friend and Trought (2007) who found in a Merlot vineyard sited in New Zealand a spectacular  
478 yield increase for a winter pruning delayed until the development of about 5 cm long shoots (~  
479 2 unfolded leaves). While in literature we have some evidence that a progressive shift of winter  
480 pruning towards a time closer to bud burst is conducive to a slight yield increase (Coombe  
481 1964), results reported by Friend and Trought (2007) highlight a quite special case as it  
482 envisages in the latest pruning a significant increase in the proportion of large, seeded berries  
483 and a drastic reduction in smaller and shot berries. This study was conducted on the east coast  
484 of New Zealand where sudden changes in temperature (10 °C change in the space of 20 mins),  
485 even as late as Nov/Dec (flowering time) are possible favoring the setting of a high fraction of  
486 seedless lightweight berries. Conversely, remaining cases where yield showed sometimes a  
487 remarkable increase vs the standard winter pruning (Friend et al. 2011, Barmpa et al. 2021,  
488 Persico et al. 2021) all pertain to a late frost event occurring before the hand finishing was  
489 performed. Not surprisingly, in all cases, such yield preservation occurred without impacting  
490 fruit quality at harvest.

491 Carrying delay until harvest?

492 Chances to carry postponement of the growth and development cycle of the grapevines  
493 obtained with late winter pruning until harvest is primarily a function of the magnitude of the  
494 delay in spring shoot development which, as previously shown, may vary from a few days  
495 (Buesa et al. 2021) to more than 50 days (Zheng et al. 2017, Silvestroni et al. 2018, Allegro et  
496 al. 2019). Such a large variation in the postponement of the start of bud burst is related to  
497 several factors including: i) the phenological stage, hence advancement of growth, when the  
498 pruning is performed (usually the later the pruning the larger the bud burst delay); ii) seasonal  
499 conditions characterizing the post-pruning phase and differences in crop level which might  
500 hinder late season growth; and iii) length and position of the unpruned canes which might  
501 affect the number of burst nodes at the time of pruning as well as the amount of removed leaf  
502 area.

503 Among those papers reporting analytical assessment of key phenological stages following  
504 delayed winter pruning (Gatti et al. 2016, Frioni et al. 2016, Gatti et al, 2018, Silvestroni et al.  
505 2018), except for Petrie et al. (2017) likely due to the specific canopy type utilized in the  
506 experiment (sprawl), a general erosion during the season of the maximum delay registered at  
507 bud burst is quite clear. Physiological bases underlying this behavior are not easy to disentangle  
508 as the matter of discussion is about a canopy starting to develop over a month later than usual  
509 where leaf formation, growth, and senescence as well as all stages of berry development take  
510 place under different environmental conditions and the dynamic of the source-to-sink balance  
511 is deeply altered.

512 Methodologically speaking, due to the complexity of the interactions involved, following  
513 the seasonal canopy changes upon a severely delayed winter pruning vs standard winter  
514 pruning is of utmost difficulty. However, Gatti et al. (2016), working on potted vines,  
515 undertook the challenge and, using a whole-canopy gas exchange system (Poni et al. 2014)

516 tracked, from bud burst until almost leaf shedding, the net CO<sub>2</sub> exchange rate (NCER) of  
517 canopies subjected to either late (2-3 unfolded leaves hereafter shortened as LWP) or very late  
518 (7-8 unfolded leaves) winter pruning as compared to standard winter pruning (SWP). LWP  
519 achieved a 17-day delay in bud burst that was progressively filled along the season and harvest  
520 threshold set at a total soluble solids (TSS) of 20 °Brix was reached 3 days before SWP. Three  
521 main mechanisms contributed to such efficient compensation: i) higher canopy efficiency as  
522 shorter time needed to reach maximum NCER/leaf area (22 days vs 34 in SWP); ii) highest  
523 maximum NCER/leaf area (+37% as compared to SWP); and iii) higher NCER/leaf area rates  
524 from veraison to end of season. As a result, seasonal cumulated carbon in LWP was 17% higher  
525 than SWP. In most cases though, a significant delay in grape maturity was maintained either  
526 as an estimated number of days needed to reach the same maturity level of the control vines  
527 or, in case of a single harvest date, as ripening variables statistically differed among the  
528 imposed pruning dates. A quite frequent trait within the overall delayed ripening was that  
529 technological maturity assessed as sugar-to-acid ratio almost invariably confirmed slower  
530 sugar accumulation paralleled with better acid retention and improved phenolic maturity as a  
531 consequence of retarded winter pruning.

532 To name a few of the most significant outcomes, Allegro et al. (2020) reported in Merlot  
533 that late winter pruning carried out at three unfolded leaves secured at harvest higher TA and  
534 anthocyanins-to-sugar ratios than standard pruning. Similarly, Petrie et al., 2017 for pruning  
535 performed on Shiraz and Cabernet Sauvignon between E-L 2 and E-L 15 found an increased  
536 anthocyanin: TSS ratio for a sugar concentration higher than 13.5 Baumé. Palliotti et al (2017)  
537 and Silvestroni et al (2018) working on Sangiovese and Gatti et al. (2018) focusing on cane-  
538 pruned Pinot noir arrived at the consistent common scenario of a significantly delayed  
539 technological maturity at harvest (i.e. lower TSS and higher TA), unaffected total anthocyanins

540 and improved phenolics. An even more consistent outcome is shared by Frioni et al. (2016),  
541 Moran et al. (2017) and Zheng et al. (2017) who, despite working under largely different  
542 conditions and cultivars, found that delayed sugar accumulation was associated with an  
543 increase of total anthocyanins and phenolics at harvest.

544 The above results link to the decoupling of anthocyanins and sugar accumulation that is a  
545 main challenge under a global warming scenario; especially in warm/hot regions, rate of sugar  
546 accumulation should be reduced while accumulation of phenolic components should remain  
547 quite insensitive or even be improved. Late winter pruning enters with full right into the array  
548 of techniques which have been already addressed and validated for such challenges (Sadras et  
549 al. 2012, Sadras and Moran 2012, Palliotti et al. 2014, Poni et al. 2018, 2020, Gutiérrez-  
550 Gamboa et al. 2021). However, an explanation for this decoupling potential of a late winter  
551 pruning technique needs to be provided. Based on evidence that anthocyanin synthesis and  
552 degradation is, respectively, inhibited and enhanced at berry temperature exceeding 35°C  
553 (Mori et al. 2007); the most likely hypothesis is that once the delayed pruning can shift onset  
554 of veraison into a cooler period, berry pigmentation is consequently enhanced. Recent work  
555 conducted on Shiraz (Moran et al. 2019, 2021) on the interaction between timing of winter  
556 pruning and elevated temperature has led to the conclusion that late pruning maintained the  
557 anthocyanin-to-sugar ratio, which decreased with heating in two seasons and, most  
558 importantly, wine color density, concentration of anthocyanins and phenolics correlated  
559 negatively with daily mean temperature in a short window (2 weeks) immediately after  
560 veraison. Other effects cannot be ruled out though. In a trial on Merlot, Allegro et al (2020)  
561 found that late winter pruning treatments significantly increased the skin-to-pulp ratio at  
562 harvest; if cell skin formation takes place within 4-5 weeks after flowering (Coombe and  
563 McCarthy 2000) the process can benefit from a higher rate of cell division allowed by the

564 postponement of the first stage of berry growth into a warmer period. However, the proposed  
565 mechanisms seem to have some important deviation such as that reported in Petrie et al. (2017)  
566 where the latest winter pruning applied on Shiraz at E-L 15 and on Cabernet Sauvignon at E-  
567 L 11, despite a significant yield reduction, did not result, in the highest anthocyanins: TSS  
568 ratio. Thus, the decoupling effect of the late winter pruning strategy risks being spoiled when  
569 a very late timing of intervention (i.e. later than 3-4 unfolded leaves) leads to a prolonged  
570 source limitation and carbon deficit (Gatti et al. 2016) which might ultimately impair color  
571 accumulation. As reported in Bobeica et al. (2015) and, more recently in Zhu et al. (2019)  
572 using Sangiovese and Cabernet Sauvignon vines, a reduced leaf area-to-yield ratio (i.e. 0.33  
573 m<sup>2</sup>/kg in source-limited vines vs. 1.15 m<sup>2</sup>/kg in control vines) decreased total anthocyanin  
574 concentration by 84.3% as compared to the non-source-limited control, whereas it decreased  
575 sugar concentration only by 27.1%.

576 It is of any evidence that the sugar/color decoupling issue assumes quite different traits in  
577 a cool climate viticulture where the most desirable outcome is having the largest bud burst  
578 delay which will not severely curtail yield and impede achievement of the desirable ripening.  
579 However, some light can also be shed onto such scenario: while previous work conducted in  
580 cool climate regions (Dami and Beam 2004, Loseke et al. 2015, Wang and Dami 2020) already  
581 demonstrated that the use of bud-break delaying products caused no effects on grape  
582 composition at harvest and on wine chemistry provided that cycle postponement did not exceed  
583 10-14 days, when a similar delay was induced through late winter pruning (Persico et al. 2021)  
584 wine chemistry was not affected as well as carbohydrate storage or bud free tolerance in the  
585 following dormant season.

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### Conclusions and future directions

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More advanced grapevine phenology observed on a worldwide basis has consistently led to an aggravation of damage and related economic losses due to spring frost events in viticulture. Such worsening is not quite related to an increase in the frequency of the freezing events, but rather to the more advanced bud and shoot growth stage which significantly increase the probability to incur severe damage. These events also show a fairly new trait in that they might easily occur in *warm* areas which, traditionally, have been almost exempted from such fatality (i.e. several wine districts in Central and Southern Italy).

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The above scenario has increased the overall concern about late frost damage and has stimulated some new approaches for prevention and damage mitigation. In this review we have concentrated our efforts on a “physiological based” solution consisting of a moderately delayed winter pruning. The principle is both simple and effective. Extra apical buds are retained on canes before final shortening to the pruning length required by the training system. Published research suggests that, to avoid a significant yield decrease, the late pruning should be done when apical shoot development does not exceed the 2-3 unfolded leaves, i.e. about 5 cm in length. At the same time, this intervention might postpone bud burst by 15-20 days in the basal or subtending nodes, therefore greatly increasing the likelihood of avoiding or limiting frost consequences. Indeed, the technique implies adjustments especially in terms of the winter pruning calendar as well as training of the working crew. In vineyards of medium to large size and where the postponement of the winter pruning task does not seem realistic, an alternative strategy would be to identify, based on experience and historical weather data, areas at higher risk of spring frost, and concentrate efforts on those. In spur pruning cordons, mechanical pre-pruning executed in winter with an over-row disk machine followed by a rather fast manual shortening to required spur length is mostly recommended.

612 Future directions of the presented technique must be part of a broader strategy aimed at  
613 improving risk assessment and prevention of damage due to spring frost in vineyards. A  
614 desirable development would be to carry out additional work in cool climate areas to balance  
615 the knowledge gap nowadays existing towards work done in warm/hot regions. On a more  
616 operational basis, the best compromise between limitations imposed by the short time window  
617 for hand finishing and the need to carry out the technique on a fairly high surface still needs  
618 fine tuning. Indeed, while spur pruning seems more suited than cane pruning, a quite advanced  
619 frontier would be figuring out a single mechanical late intervention performing a short pruning  
620 in a previously untouched canopy.

621 The same future directions, though, should strategically include the delayed winter pruning  
622 approach into an action plan which should be applied, pre and post planting, in vineyards  
623 deemed at high risk for frost damage. The same strategy will have to take into account and  
624 incorporate the followings: i) reconsider at planting and during vine training choices related to  
625 cordon and clusters distance from the ground; ii) adapt floor management to maximize heat  
626 absorption during the day and re-radiate more heat during the night and early morning hours;  
627 iii) update current anti-frost irrigation systems using micro-dripper mounted on top of each  
628 post and able to nebulize water on a narrow strip along the row where organs to be protected  
629 are located.

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- 940

941 **Table 1** Critical temperatures of Pinot noir and Concord at different phenological stages. CT is the temperature at which plant tissues are damaged and  
 942 expressed as CT<sub>50</sub>, corresponding to 50% level of damage.

Phenological stage	Pinot noir*		Concord**
	No injury	CT <sub>50</sub>	CT <sub>50</sub>
Bud swell	-1.0	-3.4	-3.5
Bud burst	-1.0	-2.2	-3.1
1-leaf (unfolded) stage	-1.0	-2.0	-
2-leaf (unfolded) stage	-1.0	-1.7	-
4-leaf (unfolded) stage	-0.6	-1.2	-

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**Table 2** Synoptic information from research papers on the impact of late winter pruning (LWP) strategies on growth, yield and fruit quality of grapevine.  
C = control.

Country/cultivar	Pruning type/growing condition	Stage of LWP <sub>a</sub>	Effects on bud burst	Yield response <sub>b</sub>	Ripening delay <sub>c</sub>	Reference
Italy/Pinot noir	Cane/field	~ 10 cm	9-23 day delay	-35%	< TSS, pH, > TA, tartrate, malate, phenolics	Gatti et al. (2018)
Australia/Cabernet S. and Shiraz	Spur/field	2/3 and 7/8 unfolded	~ 25 day delay	-10 and -55%	3 weeks – Shiraz; 2 weeks Cabernet S.	Petrie et al. (2017)
Italy/Sangiovese	Spur/field	10 and 20 cm	24-29 day delay	-22 and -43%	< TSS, pH, > TA, phenolics	Pallioti et al. (2017)
Australia/Shiraz	Spur/field	2/3 unfolded	14-28 day delay	not reported	> anthocyanins, phenolics, wine fruit profile, body intensity	Moran et al. (2018)
Italy/Sangiovese	Spur/field	4/5 unfolded	N/A	-55%	< TSS; > TA, anthocyanins, phenolics	Froni et al. (2016)
Australia/shiraz	Spur/field	2/3 unfolded	14-28 day delay	unchanged	< TSS; > anthocyanins and phenolics	Moran et al (2017)
Spain/Maturana tinta	Spur/field	Visible inflorescences	10-54 day delay	unchanged	< TSS; > TA, anthocyanins, phenolics	Zheng et al. (2017)
New Zealand/Merlot	Spur/field	~ 5 cm	24-56 day delay	+63 to 93%	< TSS; > TA,	Friend and Trought (2007)
Italy/Sangiovese	Spur/potted	2/3 and 6/8 unfolded	17 and 31 day delay	-28% and -92%	> TSS; anthocyanins and phenolics	Gatti et al. (2016)
Italy/Sangiovese	Spur/field	3/4 and 7/8 unfolded	30-47 day delay	-34% and – 62%	3 to 9 days delay for TSS of 20 °Brix	Silvestroni et al. (2018)
Italy/Merlot	Spur/field	3/4 and 7/8 unfolded	24-56 day delay	-40% and -71%	<TSS, pH; > TA	Allegro et al. (2020)
Spain/Bobal and Tempranillo	Spur/field	BBCH 6-9	15-20 day delay	-10%	> TA:TSS and > anthocyanins-to-TSS ratio	Buesa et al. (2021)
Brasil/Chardonnay	Spur/field	7, 14 and 21 days after C pruning (25 August)	N/A	0 to -58%	Variable according to pruning time	Brighenti et al. (2017)
USA/ Lemberger and Riesling	Spur/field	EL = 7-9d	10-11 day delay	+61% to +36%	Negligible	Persico et al. (2021)
Italy/Pinot noir	Spur/field	2/3 unfolded	11 day delay	-5% to -47%	< TSS; > TA,	Froni et al. (2018)
Argentina/Malbec	Spur/field	2-3 unfolded and 8 unfolded	15-29 day delay	-17% and -16%	Mild effects	Morgani et al.(2022)

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New Zealand/Chardonnay	Spur/field	21 and 41 days after C pruning (25 July)	N/A	+38%	N/A	Friend et al. (2011)
Australia/Cabernet S.	Spur/field	48 days after C pruning (5 July)	~5 day delay	N/A	< TSS	Martin and Dunn (2011)
Australia/Zante Currant	Spur/field	~ 5cm	N/A	Reduced 1st season; unchanged 2nd season	N/A	El-Zeftawi and West (1970)
US/Perlette	Spur/field	1, 2 and 3 weeks post budbreak	N/A	Reduced	N/A	Jensen and Dokoozlian (1991)
Italy/Sangiovese	Spur/field	2-3 unfolded leaves	~15-20 day delay	+53 and +100%	Unchanged	Despoina et al. (2021)

958 <sup>a</sup> LWP = Late Winter Pruning, reported as length (cm) or number of unfolded leaves or phenological stage recorded on apical nodes of non-pruned or pre-  
 959 pruned canes. When indicators are missing, the data are expressed as number of days after control (C) winter pruning.

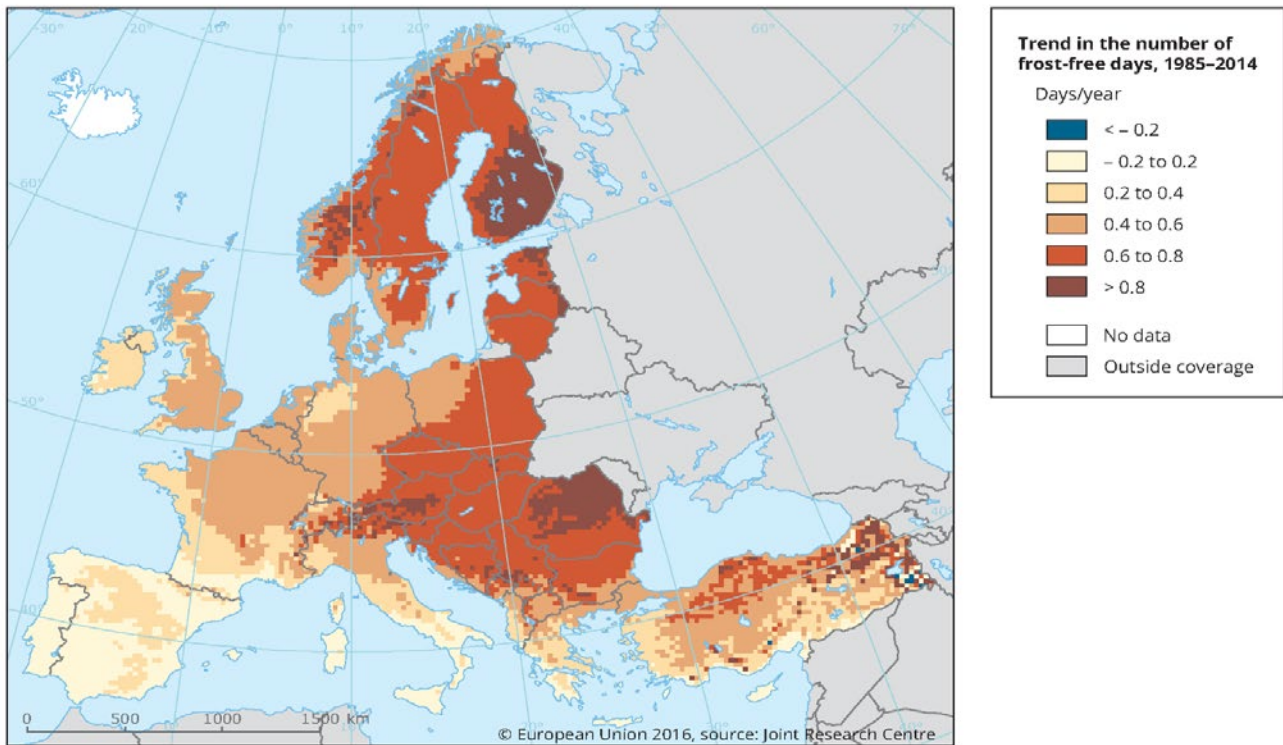
960 <sup>b</sup> Reported as variation (%) from the standard winter pruning (control).

961 <sup>c</sup> Reported as number of days to reach the level of fruit maturity of the control treatment or variables showing significant delays and or changes vs control.

962 <sup>d</sup> Eichhorn-Lorenz scale. 7 = first leaf separated from shoot stem; 9 = two-to-three leaves separated.

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**Figure 1** Annual rate of change of frost-free days representing the trend coefficient for long-term changes in the annual number of days with a minimum daily temperature above 0 °C. For example, a value of 1 indicates that the number of frost-free days has increased on average by 1 day per year in last 30 years (period 1985-2014). The analysis is based on the JRC-MARS gridded meteorological data at 25 km resolution. Data source: <http://agri4cast.jrc.ec.europa.eu/DataPortal/Index.aspx?o=d> in <https://www.eea.europa.eu/data-and-maps/figures/rate-of-change-of-frost-1>.

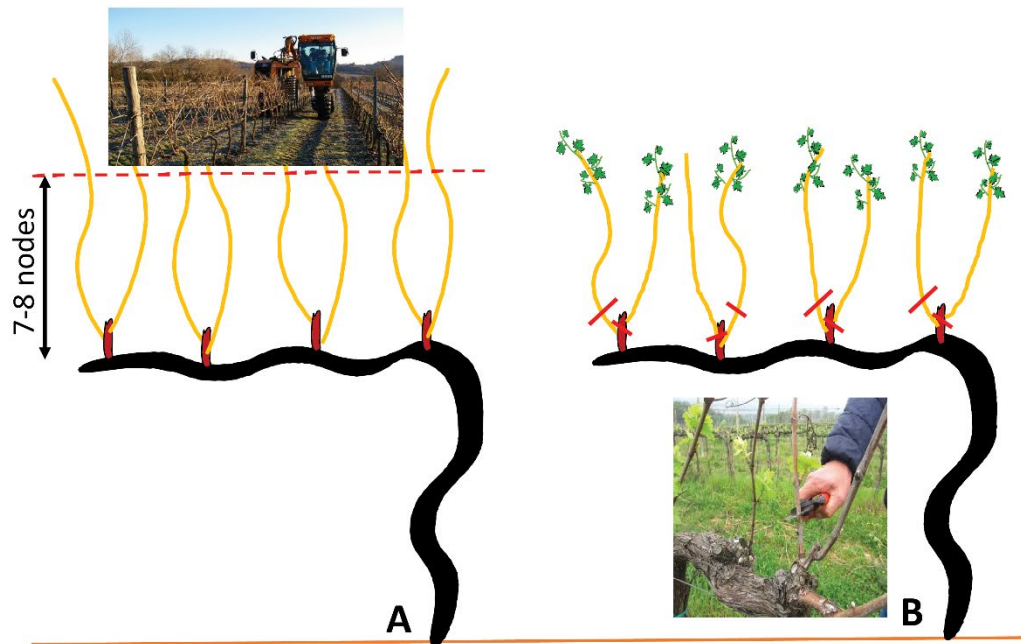


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**Figure 2** Close view of a spurred cordon (A) and a cane pruned Sauvignon Blanc vine (B) after a very severe frost event in Central Italy (spring 2017). Notably, shoots produced on the spurs reported 100% mortality (A), whereas in the cane pruned system, only apical shoots were killed whereas the first 4-5 basal nodes, as being still dormant, avoided the freezing injury.



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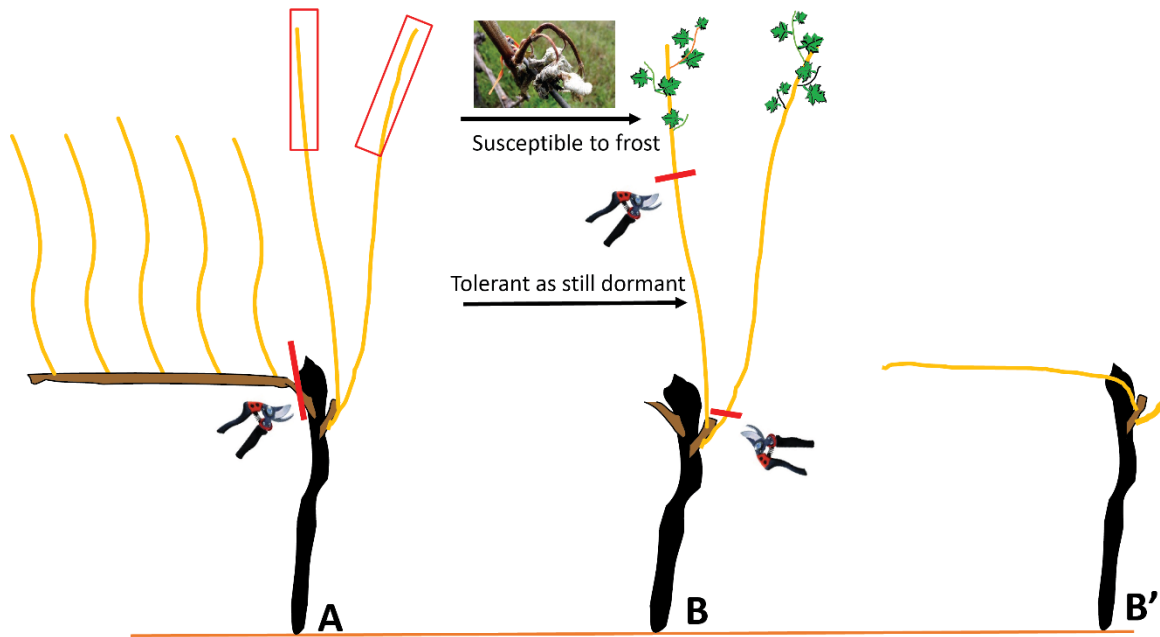
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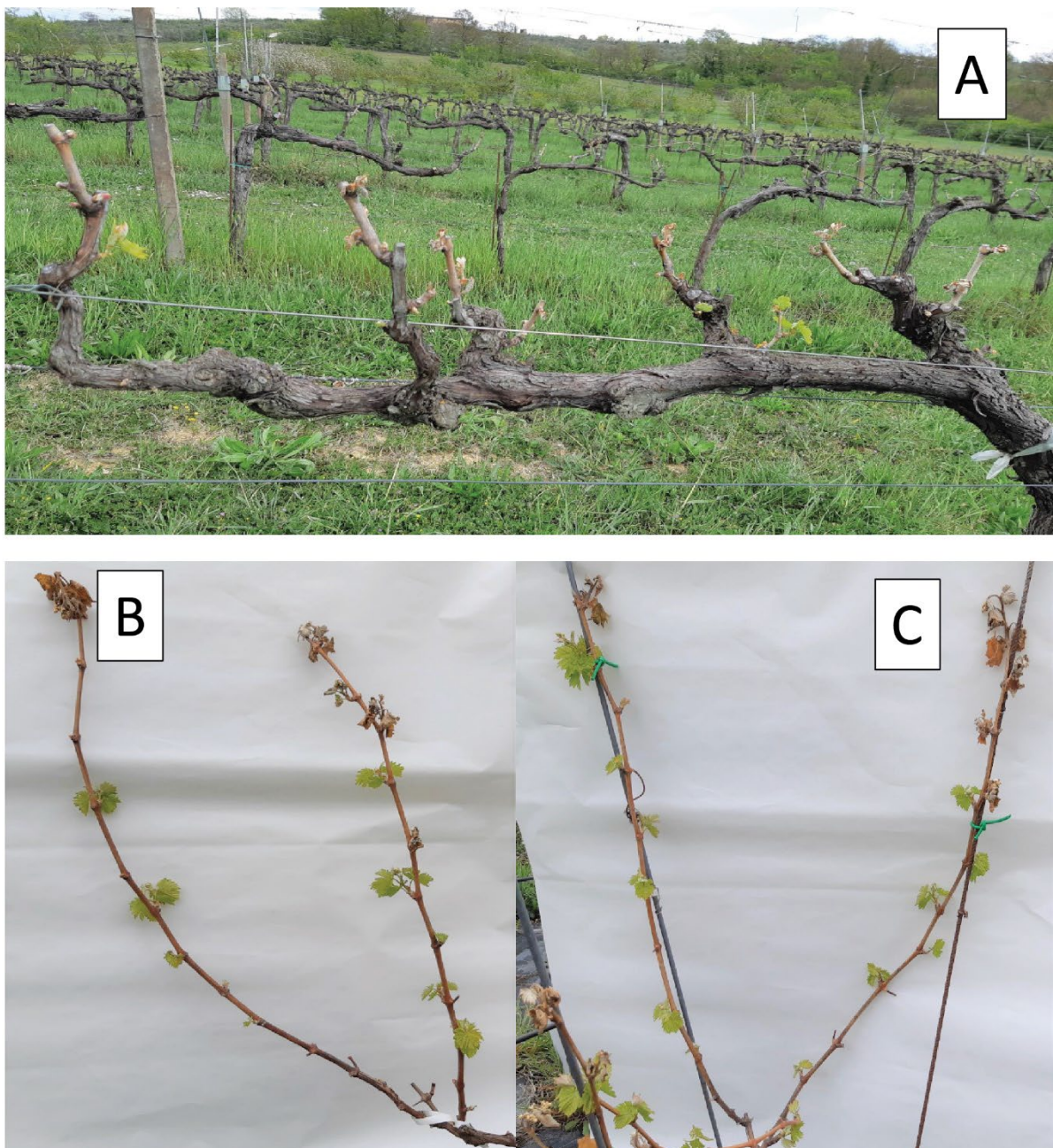
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**Figure 3** Diagram of the two pruning steps recommended for delayed winter pruning in a spur pruning cordon. In (A) mechanical pre-pruning is performed anytime during the dormant the season to leave 7-8 node canes and concurrently performing wood shredding. In (B), at the optimal stage of 2-3 unfolded leaves developed in the apical part of the pre-pruned canes, manual shortening to the desired spur length is executed.



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**Figure 4** Diagram of the pruning steps recommended for delayed winter pruning in a cane pruned training system (i.e. Guyot type). In (A) first run of hand pruning is performed anytime during the dormant season to remove the previous year production cane and to select at least two long canes maintaining them in nearly vertical positions. In (B), at the optimal stage of 2-3 unfolded leaves developed in the apical part of the retained canes, manual shortening to the desired cane length is performed as well as positioning and tying on the horizontal support wire (B'). Red boxes in panel B indicate selected canes extra length which should be maintained to: i) increase acrotony control of the subtending nodes and ii) assure suitable cane length to fill space on trellis.



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**Figure 5** In (A) a spurred cordon in Central Italy (cv. Sangiovese) showing almost 100% main shoots killed by late spring frost in 2021. In (B) and (C) two different details of the stage of growth of canes two weeks after the frost occurred. Notably, the already developed apical shoots are dead, whereas underneath located nodes either show healthy green tissue or are still dormant.





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**Figure 6** In (A) a spur-pruned vineyard of Sangiovese in the Chianti Classico area photographed 22 April 2021 at it appears after mechanical pre-pruning performed December 2020 and before spur shortening. Earlier severe frost had occurred on 6-8 April. In (B) the same vineyard where a variant of stage two was adopted and only one long cane per each of the previous year spur was maintained and then shortened to the desired spur length.